

You can never predict an injury or illness

But you can choose when you're treated



At Spire Healthcare you can book affordable treatment at a fixed price and put your mind at ease. So take advantage of 25 years of clinical and service excellence along with clean, welcoming facilities and genuinely personal attention.

**One-off private treatment at Spire Healthcare gives you:**

- fast access to leading consultant surgeons
- treatment dates to fit around your lifestyle
- cleanliness and safety
- support and care from dedicated clinical staff
- privacy and comfort
- flexible payment plans

**No waiting – pay for private treatment as and when you need it**  
 Call us now to find out more on  
**Spire Cheshire Hospital**  
 The New Close Station, Warrington, Cheshire, WA4 4LU  
**01925 215029**  
 email: cservice-cho@spirehealthcare.com

**Spire Murrayfield Hospital**  
 Holloway Drive, Thingwall, Wirral, CH61 3AU  
**0151 929 5408**  
 email: cservice-w@spirehealthcare.com  
 www.spirehealthcare.com/selfpay

**Spire Healthcare** Looking after you

The quality & flexibility you should expect from a private hospital

Whether you're insured or paying for your own treatment, the Oaks Hospital offers:

- Rapid access to diagnosis & treatment
- Flexible appointments & admission dates
- Individualised care from your chosen consultant
- Assurance of a single room with en-suite facilities
- Clean & modern environment



For further information, contact our Customer Services Co-ordinator on:  
**01206 753 245**  
 oak.enquiries@ramsayhealth.co.uk

**Premium Health Care**  
 OAKS HOSPITAL  
 www.ramsayhealth.co.uk/premiarcare  
 OAKS HOSPITAL, 129 MILE END ROAD, COLCHESTER, ESSEX CO4 5DR

**vive**  
 COSMETICS  
 www.vivefcare.co.uk

**COSMETIC SURGERY**

at Ashtead Hospital

Ashtead Hospital, your local private hospital offers a wide range of Cosmetic Surgery procedures including:

- Non-invasive skin rejuvenation
- Facelift
- Eyelid reshaping
- Tummy tuck
- Liposuction
- Breast enlargement
- Breast reduction
- Breast uplift
- Nose reshaping
- Prominent ear correction

We hold **FREE** public information presentations with one of our fully qualified and accredited plastic and cosmetic surgeons on a regular basis – **To find out more, please call one of our Cosmetic Surgery Advisors:**

**01372 221 647 OR 01372 221 444**

Registered by the **Healthcare Commission**  
 Registration details visit [www.hcpractitioner.co.uk](http://www.hcpractitioner.co.uk)

**ASHTEAD HOSPITAL**  
 The Warren, Ashtead, Surrey, KT21 2SB

Feel great. Look great.

Talk to us about the very latest in cosmetic enhancement

Cataracts Laser eye surgery  
 Cosmetics Breast enhancement  
 Botox Mini facelift

Phoenix Hospital ...where the patient comes first  
**Telephone: 01702 608906**



One-off private treatment We're ready when you are

At Spire Leeds Hospital in Roundhay, you can book one-off private treatment for when it suits you, giving you the quality of care you need, as and when you need it. And it's all available to you without the need for private medical insurance - you can simply pay as you go.

Spire Leeds Hospital is well known in Leeds, established in Roundhay for 18 years and treating over 50,000 patients from our region a year.

- Fast access to any of over 300 leading consultants across more the 30 specialties
- Appointments usually within days
- Cleanliness and safety
- Comfort and convenience of a local hospital with plenty of free car parking and easy access by public transport
- Payment options available

Other services available including cosmetic surgery and weight loss surgery

Call us now for a quote or to find out more  
**0113 2185967**  
 or email: cservice-ld@spirehealthcare.com  
 www.spirehealthcare.com/selfpay

**Spire Leeds Hospital**  
 Looking after you  
 Roundhay Hall, Jackson Avenue, Roundhay, Leeds LS8 1NT

Get more from your hospital stay

All our private patients are entitled to Premium care, which includes:

- Your choice of specialist consultant
- Flexible appointment times
- Priority referral to diagnosis and treatment
- Fast track admission
- A la carte menu
- Single en-suite private rooms where clinically appropriate

For more information contact:  
**T: 01206 753245**

Setting the standard for private healthcare

**Oaks Hospital**  
 129 Mile End Road, Colchester, Essex, CO4 5DR



Quality private healthcare

**Ashtead Hospital**  
 your local private hospital

- Hip replacement
- Knee replacement
- Colonoscopy
- Hernia surgery
- Cataract surgery
- Gastroscopy
- Varicose veins treatment
- Gynaecology
- Cosmetic surgery
- Non-invasive facial treatments
- Dermatology
- Ophthalmology
- Neurology
- Pharmacy
- Healthcheck
- ENT
- Urology

Ashtead Hospital is one of Surrey's leading private hospitals with an excellent reputation for delivering high quality healthcare for insured and self-paying patients.

- 53 single bedded rooms
- Three fully equipped ultra clean air theatres
- Endoscopy suite
- MRI imaging centre
- Radiology
- Physiotherapy
- Minor operating suite

For more information call: 01372 221 444  
 www.ashteadhospital.co.uk  
 THE WARREN, ASHTEAD KT21 2SB

**ASHTEAD HOSPITAL**

Sterilisation reversal for men and women

Spire Leeds Hospital in Roundhay offers a consultation and surgical service for both men and women who are considering sterilisation reversal.

If you have had a sterilisation or a vasectomy, but your circumstances have changed and you are now considering a reversal of your previous surgery, Spire Leeds Hospital offers a consultation and surgical service for both men and women.

- no obligation outpatient assessment with a specialist consultant gynaecologist or urologist
- daytime, evening or weekend clinics at your convenience
- all inclusive price, agreed in advance
- payment options available
- free, on-site car parking

For more information, a quotation or to book a consultation, call us on:  
**0113 218 5967/77**  
 or email: cservice-ld@spirehealthcare.com  
 www.spirehealthcare.com/leeds

**Spire Leeds Hospital**  
 Looking after you  
 Jackson Avenue, Roundhay, Leeds LS8 1NT



Calling all Mums & Mums to be

At Springfield Hospital we have specialist Women's Health and Pilates trained Physiotherapists who can support you through your pregnancy and beyond.

After both our special Women's Health Physiotherapists are also able to assess pelvic floor strength and function and recommend an individually tailored exercise programme.

Book your appointment today! Please call: 01245 234 045

people caring for people  
 CHELMSFORD, ESSEX

**SPRINGFIELD HOSPITAL**



**vive!**  
Cosmetic Surgery

Come along to our free cosmetic open evening at The Berkshire Independent Hospital, Reading at 7pm. The evening includes:

- Free Cosmetic Open Evening presented by Consultant Plastic Surgeon, Mr Andy Piny
- 5-Minute Consultation on the night
- Informal, informative presentation
- Refreshments available

Places are free but limited so please call today to avoid disappointment.  
0118 902 8081

www.vive!care.co.uk  
The Berkshire Independent Hospital, Reading

Free open event

ASHTEAD HOSPITAL

**Comfort, care and commitment**  
Put your trust in Ashtead

We offer convalescent care when you need it.  
If you, or a loved one, require additional support in a comfortable and restful environment, speak to your GP about being referred to Ashtead Hospital.

For more information call:  
**01372 221 444**  
www.ashteadhospital.co.uk  
The Warren, Ashtead, Surrey, KT21 2SB

People caring for people. RAMSAY HEALTH CARE

ASHTEAD HOSPITAL

**Private GP Service at Ashtead Hospital**

We offer a quick diagnosis and treatment when you need it. Evening and Saturday appointments available.

**01372 221 441**  
or visit: www.ashteadhospital.co.uk

People caring for people. RAMSAY HEALTH CARE

FREE OPEN EVENT

**vive!**  
Cosmetic Surgery

**CONSIDERING COSMETIC SURGERY?... THEN THIS EVENING IS FOR YOU**

- Free Cosmetic Open Evening presented by Consultant Plastic Surgeon, Mr John Dickinson
- 5-Minute Consultation on the night
- Informal, informative presentation
- Refreshments available

Places are free but limited so please call today to avoid disappointment.  
0118 902 8081  
Or e-mail: alison.wilkinson@ramsayhealth.co.uk

The Berkshire Independent Hospital, Swinholes Croft, Wensley Road, Cuffey Park, Reading, RG1 6JZ

THURSDAY 12TH NOVEMBER 2009 TALK COMMENCES AT 7.00PM

THE BERKSHIRE INDEPENDENT HOSPITAL  
www.vive!care.co.uk  
Reading, Berkshire RG1 6JZ

Feeling the squeeze?

At Spire Parkway Hospital we know that weight loss can be heavy going. We offer the latest procedures including gastric band, gastric bypass and gastric bypass - solutions that are proven to produce results. This is all provided with the support of specialist consultants, dieticians and dedicated nursing staff within a modern and modern private hospital. Our excellent, friendly team will be there to help you every step of the way before, during and after your procedure. We really are there to take the weight off... in every sense.

For further information, please call  
**0121 704 5530**  
www.spireparkway.com

Looking after you

Spire Parkway Hospital  
1 Darnley Parkway, Solihull, West Midlands B37 3YF  
FREE appointments now available in Coventry with our Weight Loss Nurse Advisor. Call 0121 704 5530 for more information.

**Silky smooth. Everlasting.**

Would you like a life free of unwanted, unsightly hair? Phoenix Hospital is now offering new affordable laser treatment packages.

Phoenix Hospital SOUTHEND

More affordable than you might think  
**01702 608906** www.phoenixhospital.co.uk

Plastic Surgery - Breast Enlargement - Mini Intra Lip - Chemical Peels - Vitamins

## Testimonials

*"Great service from the Positive Media team and we look forward to seeing results from the advertising"*

Nicola Douglas, Business Development Manager, Chelmsford Medical Centre

*"We've had growing interest from customers who have seen our advertisement. We're looking forward to seeing more great results"*

Suzanne, Marketing Manager, Spire Health Hospital Leeds

*"We found washroom advertising an effective way of promoting our organisation and would recommend Positive Media Marketing as a valuable part of our advertising campaign"*

Donna Morgan, Marketing Co-ordinator, Oaks Hospital Colchester



Positive Media Marketing Ltd, Media House, 714 London Road, Leigh on Sea, Essex SS9 3NL

Telephone: 01702 474762 simon.grant@positivemediamarketing.co.uk

www.A1postersites.co.uk www.washroomadvertising.co.uk